

Security Benefit Wellness

To help you navigate life's twists and turns—and even bring a little lightness to your life—we've partnered with Life.io to bring you Security Benefit Wellness



It's a free rewards program that gives you prices and discounts for learning to manage your wealth, achieve better health, and find piece of mind. In this program you'll take classes and read article to answer wellness questions, such as:



[Activate the Program Now](#)

You don't need to spend an eternity collecting points to get rewards either. When you activate your account you'll earn enough for a chance to grab weekly gift cards, or save up to \$50 on travel discounts—as early as today!

It's free, it's fun, it can save you money, and it could improve your life.

Getting started is easy.

- Visit your personal rewards account--this link is unique to you, please don't forward or share it.
- Enter your best email address—this is how we send you updates on cash-prize drawings, as well as guidance on financial stability, physical health and emotional well being.
- Create a password--make it a good one, we take your privacy seriously.

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Need more information?

Visit the [Learn More](#) page for details—such as why we're offering this to you, how to use it, and why it's free.